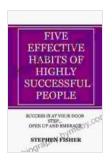
## Discover The Hidden Secrets Of How Highly Effective People Make Good Success



FIVE EFFECTIVE HABITS OF HIGHLY SUCCESSFUL PEOPLE: Discover The Hidden Secrets of How Highly Effective People Make Good Success. 7 by Russell Shorto

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Have you ever wondered what sets highly successful people apart from the rest of us? Are they just born with more talent or luck? Or is there something more to their success? If you're ready to discover the hidden secrets of how truly effective people make good success, then keep reading.

There are a number of traits and habits that are common among highly successful people. These include:

1. They set clear goals and objectives. Successful people know what they want to achieve, and they have a clear plan for how to get there.

They don't just sit around and hope for the best; they take action and make things happen.

- They are persistent and never give up. No matter how many obstacles they face, successful people never give up on their dreams. They keep going even when things get tough, and they never let setbacks discourage them.
- 3. **They are always learning and growing.** Successful people know that there is always more to learn, and they are always looking for ways to improve themselves. They read books, attend seminars, and take courses to expand their knowledge and skills.
- 4. **They are positive and optimistic.** Successful people have a positive outlook on life, and they believe that they can achieve anything they set their minds to. They don't let negative thoughts or self-doubt hold them back.
- 5. They are surrounded by positive and supportive people.

Successful people surround themselves with people who believe in them and who support their goals. They know that the people around them have a big impact on their own success.

- 6. **They take care of their physical and mental health.** Successful people know that their health is important, and they make sure to take care of themselves both physically and mentally. They eat a healthy diet, exercise regularly, and get enough sleep.
- 7. They are always willing to go the extra mile. Successful people are willing to put in the extra effort to achieve their goals. They don't mind

working hard, and they are always looking for ways to improve their performance.

If you want to be successful, it's important to develop these same traits and habits. It takes hard work and dedication, but it's definitely possible. Here are a few tips to help you get started:

- 1. Set clear goals and objectives. What do you want to achieve in your life? Once you know what you want, you can start to develop a plan for how to get there.
- 2. **Be persistent and never give up.** No matter how many obstacles you face, never give up on your dreams. Keep going even when things get tough, and never let setbacks discourage you.
- 3. Always be learning and growing. There is always more to learn, so never stop learning and growing. Read books, attend seminars, and take courses to expand your knowledge and skills.
- 4. **Be positive and optimistic.** Have a positive outlook on life, and believe that you can achieve anything you set your mind to. Don't let negative thoughts or self-doubt hold you back.
- Surround yourself with positive and supportive people. Surround yourself with people who believe in you and who support your goals. The people around you have a big impact on your own success.
- 6. **Take care of your physical and mental health.** Your health is important, so make sure to take care of yourself both physically and mentally. Eat a healthy diet, exercise regularly, and get enough sleep.
- 7. **Be willing to go the extra mile.** Be willing to put in the extra effort to achieve your goals. Don't mind working hard, and always look for ways

to improve your performance.

Following these tips will help you develop the traits and habits of highly effective people. With hard work and dedication, you can achieve anything you set your mind to.





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