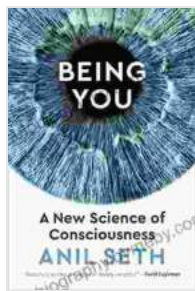


Being You: The New Science of Consciousness

What is consciousness? How does it arise from the physical matter of our brains? And what is the nature of self, mind, and reality? These are some of the most fundamental questions that humans have grappled with for centuries.



Being You: A New Science of Consciousness by Anil Seth

★★★★☆ 4.4 out of 5

Language : English
File size : 13995 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 352 pages



In "Being You: The New Science of Consciousness," renowned neuroscientist Anil Seth provides a groundbreaking synthesis of the latest research and insights into the nature of consciousness. Drawing on cutting-edge neuroimaging, psychology, and philosophy, Seth argues that consciousness is not a passive observer of reality, but rather an active participant in creating it.

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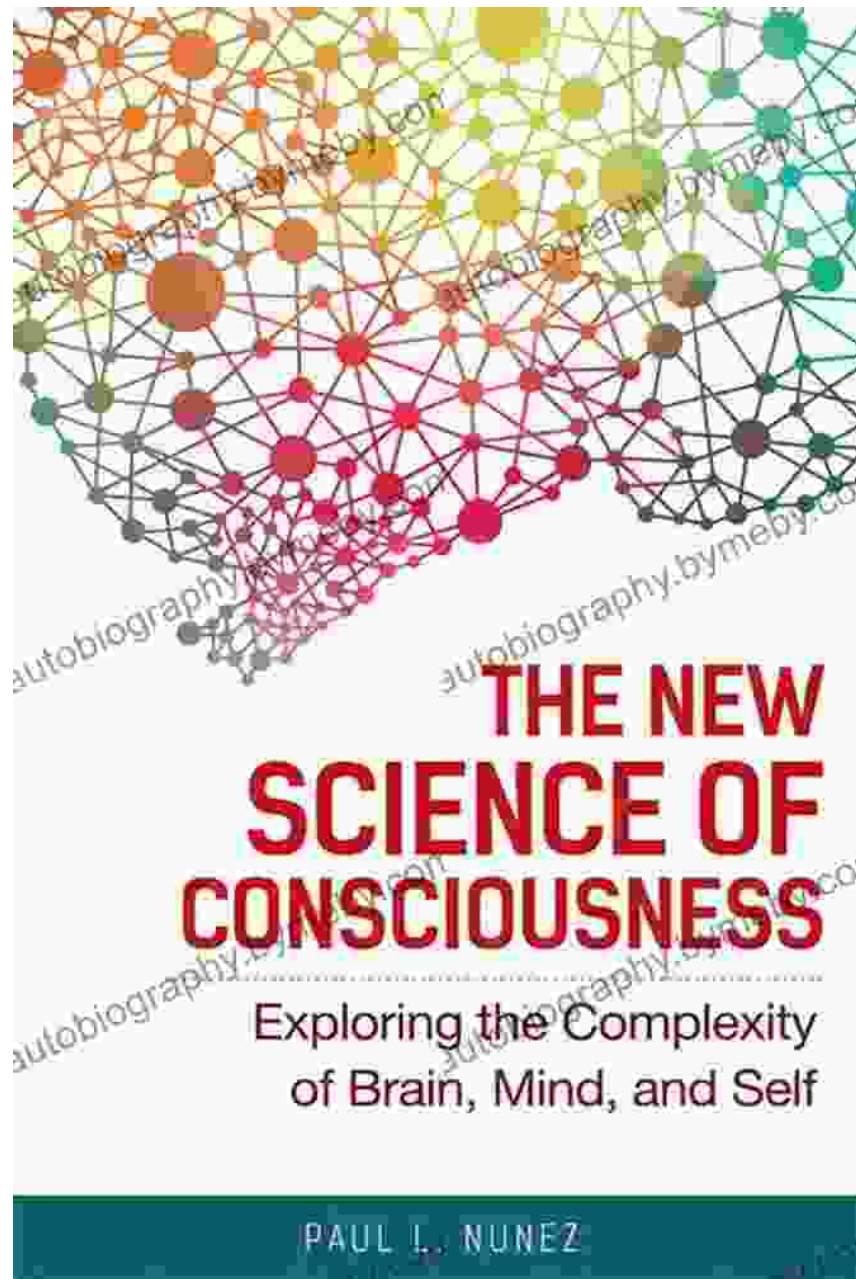
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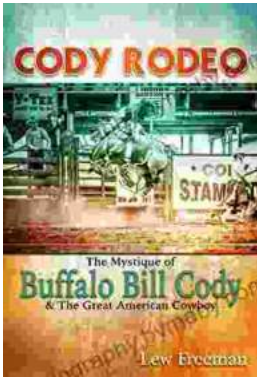
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